FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED-PRICE SCHOOL MEALS

Dear Parent/Guardian:

Children need healthy meals to learn. Friend Public School offers healthy meals every school day. Breakfast costs \$ 2.00 ; lunch costs \$ 3.20 . Your children may qualify for free meals or for reduced-price meals. Reduced-price is \$.40 for breakfast and \$.30 for lunch. This packet includes an application for free or reduced-price meal benefits and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

- 1. WHO CAN GET FREE OR REDUCED-PRICE MEALS?
 - All children in households receiving benefits from Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR), or Temporary Assistance for Needy Families (TANF) are eligible for free meals.
 - Foster children who are under the legal responsibility of a foster care agency or court are eligible for free meals.
 - Children participating in their school's Head Start program are eligible for free meals.
 - Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
 - Children may receive free or reduced-price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced-price meals if your household income falls at or below the limits on this chart.

FEDERAL ELIGIBILITY INCOME CHART for School Year: 2025											
Household Size	Yearly	Monthly	Twice Per Month	Every Two Weeks	Weekly						
1	27,861	2,322	1,161	1,072	536						
2	37,814	3,152	1,576	1,455	728						
3	47,767	3,981	1,991	1,838	919						
4	57,720	4,810	2,405	2,220	1,110						
5	67,673	5,640	2,820	2,603	1,302						
6	77,626	6,469	3,235	2,986	1,493						
7	87,579	7,299	3,650	3,369	1,685						
8	97,532	8,128	4,064	3,752	1,876						
Each additional person:	9,953	830	415	383	192						

- 2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and have not been told your children will get free meals, please call or e-mail dlovejoy@friend.k12.ok.us.
- 3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. *Use one Free and Reduced-Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to Mindi Smith.
- 4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact mssmith@friend.k12.ok.us immediately.

- 6. CAN I APPLY ONLINE? Yes! You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit friend.k12.ok.us to begin or to learn more about the online application process. Mindi Smith, 405.224.3822, mssmith@friend.k12.ok.us Contact if you have any questions about the online application.
- 7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this schools year, through . You must send in a new application unless the school told you that your child is Sept 30,2024 eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
- 8. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC MAY be eligible for free or reduced-price meals. Please send in an application.
- 9. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
- 10. IF I DO NOT QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.
- 11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by call or writing to: Susan Coble, scoble@friend.k12.ok.us, 405.224.3822.
- 12. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A UNITED STATES (U.S.) CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.
- 13. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you NORMALLY receive. For example, if you normally make \$1000 each month but you missed some work last month and made only \$900, put down that you made \$1000 per month. If you normally get overtime, include it; do not include it if you work overtime only sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 14. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application or may not receive income at all. Whenever this happens, please write a θ in the field. However, if any income fields are left empty or blank, those will **ALSO** be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you **MEANT** to do so.
- 15. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 16. WHAT IF THERE IS NOT ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper and attach it to your application. Contact (Mindi Smith, Phone 405.224.3822, mssmith@Friend.k12.ok.us) to receive a second application.
- MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find 17. out how to apply for (SNAP) or other assistance benefits, contact your local assistance office or call 1-877-760-0114 or scan the OR code

If you have other questions or need help, call 405.224.3822

Sincerely,

bit.ly/Food4MyFamily

(Mindi Smith)

HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS

Please use these instructions to help you fill out the application for free or reduced price school meals. You only need to submit one application per household, even if your children attend more than one school in [School District]. The application must be filled out completely to certify your children for free or reduced price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on your application. If at any time you are not sure what to do next, please contact [School/school district contact here; phone and email preferred].

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN SNAP, TANF, OR FDPIR?

f INCLE I DIN Gue RADe and provide the state of the assistance programs listed below, your children are eligible for free school meals:

Tell us now many hights, children, and school students live in your household. They do NOT have to be related to you to be a part of your household. Temporary Assistance for Needy Families (TANF) **Who should 1 list here**? When filling out this section, please include ALL members in your household who are: The food Distribution Program on Indian Reservations.(PDPIR)

	Sort ad with the H	<u>oucobold'o incomo</u>	<u>.</u>						
A) If no one in your household participates in a	iny of the above	B) If anyone in your household participates in any of the above listed programs:							
listed programs:		• Write a case number for SNAP, TANF, or FDPIR. You only need to provide one case number. If you participate							
• Leave STEP 2 blank and go to STEP 3.		in one of these programs and do not know your case number, contact your caseworker.							
		• Go to STEP 4.							
application for each child. When printing names, write one letter in each box. Stop if you run out of space. If there are more children present than lines on the application, attach a second piece of paper with all required information for the additional children.	system here]? 'No' under the of "Student" to tell children attend school/school d you marked 'Ye grade level of th 'Grade' column	column titled us which [name of listrict here]. If es,' write the ne student in the	"Foster Child" box next to the child's name. If you are ONLY applying for foster children, after finishing STEP 1 , go to STEP 4 . <u>Foster children who live with you may count as</u> <u>members of your household and should be listed</u> <u>on your application.</u> If you are applying for both foster and non-foster children, go to step 3.	any child listed in this section meets this description, mark the "Homeless, Migrant, Runaway" box next to the child's name and <u>complete all steps</u> of the application.					

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

How do I report my income?

- Use the charts titled "Sources of Income for Adults" and "Sources of Income for Children," printed on the back side of the application form to determine if your household has income to report.
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents.
- Gross income is the total income received before taxes.
- Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.
- Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be investigated.
- Mark how often each type of income is received using the check boxes to the right of each field.

3.A. REPORT INCOME EARNED BY CHILDREN

A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income." Only count foster children's income if you are applying for them together with the rest of your household.

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

3.B REPORT INCOME EARNED BY ADULTS

Who should I list here?

- When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and even if they do not receive income of their own.
- Do NOT include:
 - People who live with you but are not supported by your household's income AND do not contribute income to your household.
 - \circ $\;$ Infants, Children and students already listed in STEP 1.

B) List adult household members'	C) Report earnings from work. Report all income from work in the	D) Report income from public assistance/child support/alimony.
names. Print the name of each	"Earnings from Work" field on the application. This is usually the	Report all income that applies in the "Public Assistance/Child
household member in the boxes marked	money received from working at jobs. If you are a self-employed	Support/Alimony" field on the application. Do not report the cash
"Names of Adult Household Members	business or farm owner, you will report your net income.	value of any public assistance benefits NOT listed on the chart. If
(First and Last)." Do not list any		income is received from child support or alimony, only report
household members you listed in STEP 1.	What if I am self-employed? Report income from that work as a net	court-ordered payments. Informal but regular payments should
If a child listed in STEP 1 has income,	amount. This is calculated by subtracting the total operating	be reported as "other" income in the next part.
follow the instructions in STEP 3, part A.	expenses of your business from its gross receipts or revenue.	
E) Report income from	F) Report total household size. Enter the total number of household	G) Provide the last four digits of your Social Security Number. An
pensions/retirement/all other income.	members in the field "Total Household Members (Children and	adult household member must enter the last four digits of their
Report all income that applies in the	Adults)." This number MUST be equal to the number of household	Social Security Number in the space provided. You are eligible to
"Pensions/Retirement/ All Other Income"	members listed in STEP 1 and STEP 3. If there are any members of	apply for benefits even if you do not have a Social Security
field on the application.	your household that you have not listed on the application, go back	Number. If no adult household members have a Social Security
	and add them. It is very important to list all household members, as	Number, leave this space blank and mark the box to the right
	the size of your household affects your eligibility for free and	labeled "Check if no SSN."
	reduced price meals.	

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.

A) Provide your contact information. Write your current	B) Print and sign your name and	C) Mail Completed	D) Share children's racial and ethnic identities
address in the fields provided if this information is available.	write today's date. Print the name	Form to: Insert	(optional). On the back of the application, we ask you
If you have no permanent address, this does not make your	of the adult signing the application	School/District	to share information about your children's race and
children ineligible for free or reduced price school meals.	and that person signs in the box	address here	ethnicity. This field is optional and does not affect
Sharing a phone number, email address, or both is optional,	"Signature of adult."		your children's eligibility for free or reduced price
but helps us reach you quickly if we need to contact you.			school meals.

Dear Parent/Guardian:

If your children get free or reduced-price school meals, they *MAY* also be able to get free or low-cost health insurance through Medicaid or SoonerCare. Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, *the law allows us to tell Medicaid and SoonerCare that your children are eligible for free and reduced-price school meals unless you tell us not to.* Medicaid and SoonerCare only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Application for Free and Reduced-Price Meals does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or SoonerCare, fill out the form below and send in. (Sending in this form will not change whether your children get free or reduced-price school meals.)

□ *No! I DO NOT* want information from my Application for Free and Reduced-Price School Meals shared with Medicaid or SoonerCare.

If you checked *No*, fill out the form below to ensure that your information is *NOT* shared for the child(ren) listed below:

Child's Name:	School:	
Child's Name:	School:	
Child's Name:	School:	
Child's Name:	School:	
Signature of Parent/Guardian :		_ Date:
Printed Name:		
Address:		

For more information, you may call your child's school.

2024-2025 Application for Free and Reduced-Price School Meals Complete one application per household. Please use a pen (not a pencil).

Apply online at

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STEP 1 List ALL househ	old men	ibers	who	are in	fants,	childre	n, and	lstuden	ts, up t	o and	inclu	ding	Grade	12 (if mo	ore spac	es are r	equired	for a	dditiona	l nam	es, atta	ch a	nother sh	eet of	f paper)
Definition of Household Member—Anyone who is living with you and shares income and expenses, even if not related.	Ch	ild's	Firs	t Nan	ne	MI		Child's	s Last]	Name	;		S	chool N	ame		Grade	Birt	h Date		lent? No	ply	Foster Child	Mi	meless, igrant, inaway
Children in foster care																						all that apply			
and children who meet the definition of homeless,																						all th			
migrant, or runaway are eligible for free meals.																						Check			
Read How to Apply for Free and Reduced-Price																						ľ			
School Meals for more information.																									
STEP 2 Do any househol	d memb	oers (i	nclu	ding y	ou) cu	rrently	parti	cipate ii	1 one of	r more	e of t	he fol	lowing	assistan	ce prog	rams: S	NAP, T	ANF,	or FDP	IR?					
If <i>No</i> , go to <i>STEP 3</i> . If	<i>Yes</i> , wri	ite a c	case	numb	er her	e, then	go to	STEP 4	4. (D o	not c	omp	lete S	STEP 3	r.)			(Case	Number	::					
																				Write	only one	case r	umber in th	is space	÷.
STEP 3 Report income for		house	hold	meml	bers (S	Skip thi	s step	if you a	nswere	d YES	to S	TEP	2)												
Are you unsure what income to inc here? Flip the page, and review the charts is Sources of Income for more informati	titled	So	metin					earn or re STEP 1 h		ome. I	Please	incluc	le the To	OTAL inc	ome rece	ived by	\$	Child]	Income	┨┡	Veekly Bi	w Of	2x Monthly		
The Sources of Income for Children will help you with the Child Income sec	chart	. Al	l Adu	lt Hou	sehold	Member	rs (Incl	uding Yo	ourself)][
The Sources of Income for Adults of will help you with the All Adult H Members section.		gro	oss in	come (ł	before t	axes) for	each s		whole do														es receive any field		
		Г	Earn	ings Fro	m		How	Often		1	Pul	olic Ass	istance/		How	Often]	Pension	s/Retire	-		How Of	ften	
Names of Adult Househo Members (First and Las			,	Work		Weekly	Bi- weekly	2x Month	Monthly		C	hild Su Alimo		Weekly		2x Month	Monthly			all Other come	We	ekly	Bi- weekly N	2x Aonth	Monthly
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Total Household Members (Cl	nildren an	nd Adu	lts)					its of Soc age Earne						er X	XX	XX				Check	if No S	SN			
STEP 4: Contact informat	ion and a	adult s	signa	iture		Mail C	Comple	eted For	m to:	Insert	Your	Scho	ol Dist	rict Mail	ing Ada	lress He	re								
I certify (promise) that all information o tion, my children may lose meal benefits								d that this in	formation i	s given ir	conne	ction wit	h the recei	ot of federal f	funds and th	at school off	icials may v	verify (ch	eck) the info	ormation.	l am aware	that if	I purposely g	ive false i	informa-
			_		_																				
Street Address (if available)					Apt	#	City			State		Zip Co	de	Daytime l	Phone and E	-Mail (Optio	onal)								
Printed Name of Adult Signing the Form	L						s	signature of A	Adult Comp	oleting the	e Form						J	Today's	Date						

INSTRUCTIONS Sources of Income

Sources of	Child Income	Sources of Income for Adults							
Sources of Child Income Example(s)		Earnings From Work	Public Assistance/Alimony/Child Support	Pensions/Retirement/All Other Income					
Earnings from work	 A child has a regular full- or part-time job where he/she earns a salary or wages 	 Salary, wages, cash bonuses NET income from self- employment (farm or business) 	 Unemployment benefits Worker's compensation Supplemental Security Income (SSI) 	 Social Security (including railroad retirement and black lung benefits) 					
 Social Security Disability payments Survivor's benefits 	 A child is blind or disabled and receives social security benefits A parent is disabled, retired, or deceased, and his/her child receives social security benefits 	If you are in the U.S. Military: • Basic pay and cash bonuses (do NOT include combat pay, FSSA, or privatized housing allowances)	 Cash assistance from state or local government Alimony payments Child support payments Veteran's benefits 	 Private pensions or disability benefits Regular income from trusts or estates Annuities 					
Income from persons <i>OUTSIDE</i> the household	• A friend or extended family member <i>REGULARLY</i> gives a child spending money	• Allowances for off-base housing, food, and clothing	Strike benefits	 Investment income Earned interest Rental income 					
Income from any other source	A child receives income from a private pension fund, annuity, or trust			• <i>REGULAR</i> cash payments from outside household					

OPTIONAL Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced-price meals.

Ethnicity (Check One):	Hispanic or Latino	🗌 Not Hispar	nic or Latino		
Race (Check One or More):	American Indian or Alaskan Native	Asian	Black or African American	Native Hawaiian or Other Pacific Islander	U White

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20 P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program. intake@usda.gov This institution is an equal opportunity provider.

Do not fill out For School Use Only

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice a Month x 24, Monthly x 12

How Often?	, , , , , , , , , , , , , , , , , , , ,	5	Eligibility:	
Total Income Annually Bi-Weekly 2 x Month Monthly	Household Size Categ	orical Eligibility	Free Reduced Denied	
Determining Official's Signature Date	Confirming Official's Signature	Date	Verifying Official's Signature	Date