

January 10, 2022

Dear Falcon Families,

Thank you for your support and extra efforts in working with us to try and keep our school open. The health and safety of our students, staff, families, and community continue to be a priority for Friend School. School procedures and operations are based on the current COVID conditions, understanding that this is a moving target with numbers always changing. We are very grateful for your support and patience as we continue to plan and work toward having safeguards in place to try and protect everyone.

As our plan continues to be a work in progress we continue to stay current on the latest information from the Oklahoma State Department of Education, the Center of Disease Control, The World Health Organization, and our local health organizations in Grady County. On January 6th, 2022 the Center of Disease Control (CDC) updated their guidelines based on the most current medical data.

Friend School will continue to follow the best practices recommended by the CDC for isolations for positive COVID cases, and quarantines when there has been an exposure to a positive case.

Please see the following information for our latest updates. This information can also be found on our school website with the complete Safe Return Plan.

[www.friend.k12.ok.us](http://www.friend.k12.ok.us)





## COVID-19 Isolation and Quarantines

### Positive Cases

If a student or staff member tests positive for COVID-19, regardless of vaccination status - **Isolate**

If you test positive for COVID-19 and have symptoms, stay home until:

- ✓ 5 days have passed since symptoms first appeared, **AND**
- ✓ Symptoms are improving, **AND**
- ✓ If fever is present, continue to stay home until 24 hours have passed since fever has resolved **without** the use of fever-reducing medications.

If you test positive and never have COVID-19 symptoms, stay home until:

- ✓ 5 days have passed since the date of your COVID-19 test was collected, **AND**
- ✓ No COVID-19 symptoms have developed since you were tested.
- ✓ If symptoms develop, follow the criteria for someone with COVID-19 symptoms.

### Returning to School:

**Option 1:** Isolate for 5 days at home and return on day 6, **if you meet the criteria above AND wear a well-fitting mask for days 6-10.**

**Option 2:** Isolate for 10 days at home and return on day 11, if you meet the criteria above.

**Wearing a mask is very important for this updated isolation guidance to prevent spread in the community.**



### Close Contacts

#### **Unvaccinated:**

Any unvaccinated student or unvaccinated staff member who has had close contact with an individual testing positive (which is defined in the CDC Guidelines as within 6 feet for 15 minutes) will be required to quarantine.

#### **Returning to School:**

**Option 1:** Quarantine for 5 days and return on day 6, if no symptoms are exhibited **AND** you wear a well-fitting mask for days 6-10.

**Option 2:** Quarantine for 10 days and return on day 11 without testing, if no symptoms are exhibited.

If you develop symptoms, get tested and stay home until results are received.

#### **Fully Vaccinated or Positive in the last 90 Days:**

If you have been in close contact with someone diagnosed with COVID-19 and are not having any symptoms **AND:**

- ✓ Have been boosted, **OR**
- ✓ Completed the primary series of Pfizer or Moderna vaccine within the last 6 months, **OR**
- ✓ Completed the primary series of J&J vaccine within the last 2 months, **OR**
- ✓ Were lab positive for COVID-19 within the last 90 days

#### **Returning to School:**

**Options 1:** Students and staff may return to school if they wear a well-fitting mask around others for 10 days from the last date of exposure.

**Option 2:** Those unable to wear a mask will need to quarantine for 10 days and return on day 11, if no symptoms as exhibited.

If you develop symptoms, get tested and stay home until results are received.

**Vaccinations are now available for ages 5 and up. For more information regarding vaccinations please contact your healthcare provider or the local health department.**

*Flyin' High with Falcon Pride*